

Pinnacle High School H1N1 Vaccine Update

Thank you for your many calls and emails. We are all awaiting the final plans for our H1N1 clinic at Pinnacle High School. As you know from the media, the vaccine has been very slow in arriving in Arizona. The vaccine is distributed by the Maricopa County Health Department in partnership with Mollen Clinics. At the recommendation of the CDC (Center for Disease Control), elementary schools, then middle schools and then high schools will be vaccinated.

We have a tentative date for November 16th, but this is subject to change and depending on shipment of vaccine, will probably be delayed.

We will post on this website any updated information as soon as it becomes available.

We will also utilize the automatic dialer system and make announcements at school. Once we have a firm date, registration for the H1N1 vaccine will be available on line.

In the meantime, we thank you for your patience and assistance in keeping our Pinnacle Community Healthy during this flu season.

Remember:

Please do **NOT** send your student to school ill, not even for just one class or test.

Students and staff must remain home for 24 hours fever free **without medication** before returning to school.

Take these everyday steps to protect your health:

Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it. Coughing into your elbow will also help reduce the transmission of germs.

Wash your hands often with soap and water, especially after you cough or sneeze. Alcohol-based hand cleaners are also effective.

Avoid touching your eyes, nose or mouth. Germs spread this way.

Try to avoid close contact with sick people.

Follow public health advice regarding school closures, avoiding crowds and other social distancing measures.

For more information, contact our school nurse, Mrs. Moskowitz at 602-449-4003.