

North Canyon High School  
2009-2010

**GIRLS & BOYS CROSS COUNTRY**

<u>Day</u>	<u>Date</u>	<u>Opponent</u>	<u>Location</u>
Wed.	9/23	Horizon / <u>Desert Mountain</u>	AWAY
Wed.	9/30	St. Mary's	HOME
Wed	10/7	Chaparral	AWAY
Wed	10/14	Pinnacle	HOME
Wed	10/21	District Meet @ TBA	
Wed.	10/28	Regionals @TBA	
Sat.	11/7	State Meet @ TBA	

Boys Head Coach: Junior Michael  
Girls Head Coach: Julie Yimoyines  
Meet Time: 4:00pm in October  
5:00pm in September

North Canyon High School  
1700 E. Union Hills Drive  
Phoenix, AZ. 85024  
602-449-5023