

Community Information and Referral

24 hr. referral Community Information & Referral Service: 602-263-8856
 Informative Web site for parents: www.notmykid.org

Health Care / Wellness

Arizona Department of Health Hotline —
 Children's Information Center: 800-232-1676

Maricopa County Health Department
 Pregnancy Support
 Center & Connection: 602-506-6339

AIDS / HIV Info and Referral

American Red Cross: 602-336-6660
 Arizona Dept of Health Services: 602-230-5819
 — ADHS Statewide: 800-334-1540
 Maricopa County Public Health Clinic: 602-506-1678
 National AIDS Hotline: 800-342-AIDS
 Phoenix Body Positive: 602-307-5330
 Phoenix SHANTI Group: 602-279-0008

Alternative / Charter Schools

Accelerated Learning Center: 602-485-0309
 Foothills Academy: 480-488-5583
 Intelli-School High School: 602-564-7203
 Ocotillo High School: 602-765-8470
 Ombudsman
 (Computer assisted learning): 602-840-2997
 Polaris (Alternative) High School: 602-787-5015
 Prospect (Alternative) Middle School: 602-787-5015

Paradise Valley Unified School District

"Where individual excellence is our goal"

Department of Student Services
 15002 N. 32nd Street, Phoenix, AZ 85032
 602-867-5200
www.pvschools.net

Crisis Intervention

Banner Behavioral Health Helpline: 602-254-4357
24-hr. assessment on mental health

CASA *Center for prevention of abuse and violence*: 602-254-6400

CASS Vista Emergency Family Center: 602-870-1705
Families seeking shelter and case-management

Child Protective Services: 1-888-767-2445
To report suspicions of child abuse or neglect

ChildHelp USA: 800-422-4453
A place to stay for children ages 10 and under facing a crisis threatening their safety

Desert Mission Food Bank: 602-870-6062
Emergency Food Assistance

Empact Suicide/Crisis hotline: 480-784-1500
For anyone requiring crisis intervention or clinical services

Paradise Valley Food Bank: 602-867-9228
Emergency Food Assistance

Phoenix Police Department: 602-262-6151

Poison Control Center: 800-222-1222
Treatment for toxic exposures

Scottsdale Police Department: 480-312-5000

St. Luke's Behavioral Center: 602-251-8535
24-hr. line for information, patient intake and assessment

Sunnyslope Family Services: 602-495-5229
Emergency Financial Assistance

Teen LifeLine: 602-248-8336
24-hr. crisis/suicide hotline and prevention peer counseling

Value Options Crisis Line: 602-222-9444
Crisis help by phone service; mobile teams and urgent care center referral

Support Groups

Al-Anon/Alateen: 602-249-1257

Attention Deficit Disorder: 480-424-7200

Cancer support / bereavement: 602-230-2273

Depression, grief, divorce, self-esteem: 480-948-7460

Domestic violence: 602-534-3088

Grandparents Raising Grandchildren: 602-274-5022

New Song (grief support): 480-951-8985

Parents Anonymous: 602-248-0428

Self-injurers (anonymous for teens): 602-252-1382

Stepping Stones of Hope (grief support): 602-264-7520

Miscellaneous Services

Adolescent Substance Abuse Program:
Various locations in Phoenix 602-953-2727

AZ Dept of Economic Security:
Information and Referral 602-263-8856
AFDC, food stamps, disability 602-542-9935
Job Service 602-861-0208
Child Protective Services 602-542-3598
Day Care Eligibility 602-569-4719

AZ Supreme Court Parent Assistance Program:
For those involved with Child Protective Services 602-542-9580

Big Brother/Sisters: 602-264-9254
 Community Education: 602-867-5109

Community Information and Referral: 602-263-8856 or 602-263-8900

Consumer Credit Counseling: 602-246-2227

Devereaux Arizona: 602-896-3106

Sunnyslope Family Center: 602-344-6300

P. V. Community Center: 602-495-3777

Paradise Valley Food Bank: 602-867-9228

Planned Parenthood: 602-953-9000

Paradise Valley Hospital: 602-923-5000

Sunnyslope Family Center: 602-495-5229

TASC Treatment Assessment

Screening Center: 602-254-7328

The New Foundation for

Teens and Families: 480-945-3302

Thomas J. Pappas: 602-452-4737

Thunderbird Teen Center: 602-495-7321

Toughlove: 623-846-5464

Vision Quest: 520-299-8993



These agencies and professionals service the behavioral health needs of Northeast Phoenix, Paradise Valley, North Scottsdale and Carefree/Cave Creek. You are urged to discuss professional qualifications, fees and health benefits coverage with several professionals before deciding about services. Endorsement of any individual agency is neither expressed nor implied. The listings were updated in July 2007 and are subject to revision.

Providers who are interested in being listed may call the Paradise Valley Unified School District, Department of Student Services at 602-867-5124. Changes and additions to the information listed here should also be directed to Student Services. The Paradise Valley Unified School District would like to acknowledge Dr. Mark Rohde and Mary Brasch, Family Psych Associates, for being the original authors of this brochure.

It's time to Check out your kid

- Long periods of moodiness or unhappiness
- Unmotivated at school/low grades
- Rebellious/defiant attitude or behavior
- Discipline doesn't seem to work
- Rejection of family values and rules
- No longer seems to care anymore
- Has become more dishonest or secretive
- Poor social skills/few friends/lonely
- No feeling of guilt when doing wrong
- Becomes angry if questioned about drugs
- Disappearance of money or possessions
- Have found drugs or drug paraphernalia
- Dishonesty regarding friends or whereabouts
- Health problems can't be medically explained
- Experiences hallucinations or strange feelings
- Has serious trouble sleeping or wakes early
- Hangs out with drug users or delinquents
- Inappropriate/promiscuous sexual behavior
- Believes that people are against him/her
- Can't control angry thoughts or feelings
- Has attempted suicide
- Has recently gained or lost significant weight
- Vomits after eating
- Experiences panic attacks
- Repeatedly uses poor judgement
- Has unusual fears about common things

In some ways, a child or adolescent's behavior and health come down to a matter of fit. Some fit in... while others become misfits. The truth is that it's often difficult to tell the difference between normal problems and potentially serious **behavioral health conditions**. The agencies and professionals listed inside are specialists in recommending courses of action aimed at enhancing the "fit" between your child, family, community and school.

Don't just take our word for it. Talk it over with your spouse, physician, minister or a good friend.

Agencies

Many agencies offer a range of services and receive funding from private or government sources. Some organizations may adjust fees according to family size and income, but check to be sure. Some agencies may have income eligibility requirements.

Catholic Family & Community Services

1825 W. Northern Ave, Phx. 602-997-6105

Center for Prevention of Abuse and Violence (CASA)

77 E. Thomas Suite #112, Phx. 602-254-6400

Community Information and Referral

1515 E. Osborn, Phx. 602-263-8856

Family Service Agency

2400 N. Central Ave, # 300, Phx. 602-264-9891

Franciscan Renewal Center

(*Casa de Paz y Bien*)

5802 E. Lincoln Dr, Scottsdale 480-948-7460

Jewish Family & Children's Service

7434 E. Stetson Drive, Scottsdale 480-994-8477

Phoenix Interfaith Counseling

12835 N. 32nd Street, Phx. 602-992-7521

Planned Parenthood

3131 E. Thunderbird, Phx. 602-953-9000

Terros

3864 N. 27th Ave., Phx. 602-685-6000

Touchstone Behavioral Health

4614 E. Shea, Suite D-250, Phx. 602-953-9217

Valle de Sol (*Latino Counseling*)

1209 S. First Ave., Phx. 602-258-6797

Inpatient Programs

These facilities offer 24-hour mental health and substance abuse treatment

Banner Behavioral Health Center

Intake number for all four locations — 602-254-4357

Devereaux Arizona

(*Residential Treatment Center*)

6436 E. Sweetwater Ave., Scottsdale 480-998-2920

PARC Place

2190 N. Grace Blvd, Chandler 480-917-9301

St. Lukes Behavioral Health Center

1800 E. Van Buren, Phx. 602-251-8535

Private Practitioners

Costs tend to be more standardized, but many practitioners offer flexible fee arrangements. Services provided are often covered by health benefit coverage. Your insurance program may require you to see specific providers if you wish to use your benefit program. Some practitioners also conduct group therapy. Please contact them for current information. Specialties are listed as follows:

- | | |
|------------------------|-----------------------|
| 1. ADHD/ADD | 13. Family Counseling |
| 2. Adolescent (12-19) | 14. Gender Identity |
| 3. Anger Management | 15. Grief/Loss |
| 4. Anxiety/Panic | 16. Incurrigibility |
| 5. Autism | 17. Medication Mgmt. |
| 6. Child (4-12) | 18. Neuropsychology |
| 7. Chronic Pain | 19. Preg/Postpartum |
| 8. Co-Dependency | 20. Sexual Abuse |
| 9. Depression/Suicide | 21. Sleep Disorders |
| 10. Developmental Dis. | 22. Substance Abuse |
| 11. Divorce/Mediation | 23. Teen Pregnancy |
| 12. Eating Disorders | 24. Trauma/Abuse |

Adolescent Substance Abuse Program (ASAP)

Provides intensive outpatient drug rehab

Valley-wide locations: www.asapaz.com

Information: 602-953-2727

Intake: 602-493-0249

Specialties: 2 & 22

Bowers Consulting

Psychologist and counseling services

9316 E. Raintree #130, Scottsdale 480-451-7877

- Douglas Bowers, Ph.D. — Psychologist
- Angela Bowers, Ph.D. — Psychologist
- Elizabeth Mariette, MSW — Counselor

Specialties: 1, 2, 3, 4, 6, 7, 9, 11, 13, 22 & 24

Family PsychAssociates

Psychologist and Counseling Services

3040 E. Cactus Rd. # A, Phx. 602-494-1515

- Mark Rohde, Ph.D. — Psychologist Child, Teen, Family
- Mary Brasch, MA/MA-LPC — Child and Family
- Gary Buchik, MC, LPC — Counselor
- Alan Goldman Ph.D., LPC — Counselor
- Addam Gross, MC, LPC — Counselor
- Jon Willoughby, MC, LPC — Anxiety Disorders

Specialties: 1 - 4, 6, 8, 9, 11, 13, 15, 20 - 22 & 24

Marilyn Kieffer-Andrews, CNMM, RNP, Ph.D.

6545 N. 16th St., Phx.

602-230-7113

Specialties: 2, 4, 9 and 15

Gloria Malone, Ph.D. — Psychologist

10505 N. 69th St., #300, Scottsdale 480-948-8494

Specialties: 2, 4, 6, 9, 12, 15, 20 & 24

Roger Martig, Ph.D. & Associates — Psychologist

16601 N. 40th St. Suite D, Phx. 602-867-2699

Specialties: 2, 4, 9, 12, 13, 20 & 24

The Melmed Center

5020 E. Shea Blvd. # 100 480-443-0050

- Raun Melmed, MD — Developmental Ped.
- Mark Ruggiero, MD — Developmental Ped.
- Sharon McDonough-Means, MD — Developmental Ped.
- Jane Privateer, RN, MSN — Psychiatric Nurse Pract.
- Janet Chao, Ed.D. — Psychologist
- Miriam Gottlieb, Ph.D. — Psychologist
- Lisa Elder, MA — Counselor
- Eugenia Pang, OTR/L — Occupational Therapist
- Shabana Jessani, MD — Developmental Ped.
- Agnes Bilog, MD — Developmental Ped.
- Anna de Ocamo, MD — Developmental Ped.
- Laura Jensen, PNP — Psychiatric Nurse Pract.
- Dina Shackni, Ph.D. — Psychologist
- Gina DeSimone, MC — Psychologist
- Ricki Light, M.Ed. — Educational Advocate
- Dee Crane, ACC — ADD / Life Skills Coach
- Carol Lockhart, OTR/L — Occupational Therapist
- Craig Ciuk, OTR/L — Occupational Therapist
- Lori Hickman, OTR/L — Occupational Therapist

Specialties: 1 - 24 (except 21)

Paradise Valley Counseling & Consulting, PC

10211 N. 32nd St., #A-4, Phx. 602-996-8619

- Martin E. Keller, Ed.D. — Director
- Virginia Keller, RN, MC — Counselor

Specialties: 1, 2, 3, 4, 6 - 15, 20, 22-23 & 24

Professional Psychology Associates

4222 E. Camelback Rd. #H230, Phx. 602-852-0911

- David Friedman, MD — Psychiatrist
- Michael Liebman, CPC — Counselor
- Philip D. Lett, Ph.D. — Psychologist
- Deb Merrifield, PsyD. — Psychologist
- David Seaton, Ph.D. — Psychologist

Specialties: 1 - 4, 6, 8, 9, 11, 13 - 17, 19, 20, 22, 23 & 24

Psychological Pathways

3260 N. Hayden, Scottsdale 480-994-9773

- Sally Lemberg, MSW — Social Worker/Counselor

Specialties: 1 - 4, 6, 8, 9, 11, 12, 13, 16, 17 & 24

Max Stoltenberg, LPC

5040 E. Shea Blvd., #268, Scottsdale 602-499-0378

Specialty: 12

Edie Yoder, CISW

1536 E. Maryland Ave., Suite C101, Phx. 602-266-2282

Specialty: 12

Paradise Valley Psychiatric Associates

4232 E. Cactus Rd., #207, Phx. 602-494-8105

ext. 113

- Barry Dubin, CISW — Social Worker, Counselor
- Richard Gottlieb, MD — Psychiatrist
- Craig McCarthy, MD — Psychiatrist Teen, Adult
- Kevin Stahl, MD — Psychiatrist
- Jonathan Masters, PsyD — Psychologist
- Vijay Jain, PsyD, — Psychologist
- Franklin Berry, Ph.D. — Psychologist
- Barbara Forester, Ph.D. — Psychologist
- Hugh Robert-Baird, LPC — Practicing Counselor

Kathy Radina, M.Ed — Counselor

11 Sundial Circle, Suite 2, Carefree 480-488-6096

Specialties: 4, 9 & 11

Robert Williams, MD — Psychiatrist

5133 N. Central, Suite #107, Phx. 602-279-1026

Brady Wilson, Ph.D. — Psychologist

8233 E. Via Paseo del Norte, Scotts. 480-778-0202

Specialties: 1 - 4, 7 - 9, 11, 13, 14 - 16 & 24

Shea Mental Health

4545 E. Shea #112, Phx. 602-494-7110

- Susan Baumann, MD — Psychiatrist
- Teresa Buot-Smith, MD — Psychiatrist
- Scott Collier, Ph.D. — Psychologist
- George Joumas, MC 602-392-2012

Specialties: 1, 2, 3, 4, 6, 9, 11, 13, 16, 17 & 24

