

PARENT ALERT!

The Partnership for a Drug-Free America, Arizona Affiliate is issuing a parent alert about the dangerous use and abuse of prescription drugs during prom and graduation season. **1 out of 4** high school students in our community get prescription medication from home or from friends. Teens are even mixing these medicines with alcohol which is extremely dangerous and can be deadly.

The most commonly abused prescriptions are:

Soma
OxyContin
Percocet
Vicodin
Xanax
Valium

Please follow these 3 steps to help keep your child safe

1. **Talk with them** about the dangers of using Prescription Drugs and drinking
2. **Safeguard** your medicine cabinet – Remove prescriptions from your medicine cabinet and ask your family and friends to do the same.
3. **Look at Your Child** – When your child comes home from prom or graduation night look at them in the eyes. If you suspect they have been using a prescription drug – DO NOT let them sleep it off. Often times kids who die from prescription drug overdoses go to sleep and don't wake up.

If you need additional information please visit the Partnership for a Drug-Free America's web site at www.PartnerUpAz.org.