

# Paradise Valley Unified School District

## Horizon High School Health Policy

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### **Health Services**

A certified registered school nurse is available during the school day for consultation, emergencies, illness or injury. We do not make medical diagnosis or prescribe treatment. We do not administer medication without parental permission. Phone: 602-953-4114.

*Office Hours: Open 1<sup>st</sup> – 6<sup>th</sup> hour. Closed: 7<sup>th</sup> hour – severe emergencies excluded.*

### **Emergency Cards**

Emergency cards are required for students enrolled in PVUSD. Parents/guardians are called first, and then alternates. List as many alternates as possible and the order they should be called.

### **Health Services**

Health alerts are given to students as a means of conveying to staff that the student needs extra time arriving to class, needs elevator privileges, needs assistance with their backpack, or has permission to carry a medical inhaler. When requested, or if a problem arises, the student must be able to produce the health alert and identification to staff members or substitute teachers. *Health alerts are for notification only. They are not to be used as a pass to the health office, to leave campus, or an excuse for being tardy.*

### **Nurse Pass**

*Students are required to obtain a written nurse pass from their teacher prior to coming to the health office. Severe emergencies are excluded. Students without a health pass will be directed back to their classroom. Teachers may select a student to accompany a sick or injured student to the health office.*

### **Health Office Process**

Students entering the health office must electronically stamp their pass and then sign in on the health log sheet. Any student wishing to go home ill must sign out through the health office before contacting their parent. Parents/guardians will be required to show identification when they pick their student up from school.

### **Immunizations**

Student's immunization records must be current according to Arizona State Law in order to attend public school. Students must be in compliance with state law before they can proceed with registration. Parents/guardians are notified by mail of the need for immunizations. State law required written confirmation of vaccines with the health department stamp or a physician signature. If your child is missing or delinquent in receiving the required immunizations he/she may be excluded from school until proof of adequate immunizations are received. Exemption forms are available in the health office if your child is to be excused from an immunization because of medical, personal or religious reasons.

### **Medications**

The PVUSD requires that all OTC (over-the-counter) and prescription medications be dispensed through health services. All medication must be in the original box or container and labeled with the students name and grade. Forms for distribution of prescription/OTC medication are available in the health services office and at summer walk-thru. A medication permission form must be signed by the parent and must accompany all prescription and OTC medication. Parent/guardian must fill out *both sides* of the form. Medication with an expired date and/or incorrect label on the bottle will not be given to the student.

### **Medication: Prescription**

Students are responsible to come to Health Services for their medication at their appointed time. Prescription medication will not be distributed if the following conditions are not met: original container, properly labeled with the students name, grade, dosage, referring physician, and accompanied by the signed medication form.

### **Medication: Over-the-counter**

Horizon High School will maintain a stock supply of Tylenol, Ibuprofen and Tums for routine and occasional complaints of pain. *Written parental permission must be on file in the health office for the nurse to administer the medication.* Forms are available in the health office and during summer walk- thru.

**Medication: Inhalers**

Students may keep their inhalers in the nurse's office. The parent/guardian must fill out both sides of the medication form. The inhaler must be labeled with the student's name. The health office has a small volume nebulizer (svn) available for student use. Parents/guardians must supply the medication and tubing. If a physician has diagnosed exercise-induced asthma and states an inhaler must be on the student's person, please contact health services for this form.

**Medication: Insulin**

Many students who depend on insulin take their medication during the school day. Parents/guardians must provide the school with a sliding scale and /or basal rate, current dated insulin, syringes, glucagon and food supplies. It is recommended that students bring their own monitor to use and store in the health office. A blood glucose monitor is available in the health office.

District mandates that insulin must be administered in the health office only. In a diabetic crisis, the nurse will monitor and relay vital statistics to the parent/guardian or paramedics.

**Physical Education Excuse**

Parent/guardian may excuse a student from PE for up to three (3) days. A physician's note is required for anything after three (3) days. The physician must state the reason for the PE excuse and the length of time the student is excused from PE.

**Screenings**

Students are screened for vision and hearing according to state mandates. If a student fails one or the exams, they are rechecked prior to parental/guardian notification. Screenings are a guide that alerts us that a potential impediment to learning exists. Students with known vision/hearing problems should have yearly exams by a specialist. Please have the specialist fax a copy of any test results to the health office at 602-953-4113. Please alert the health office you do not wish for your child to be tested.