

Protocol and Guidelines for Supporting Children with Life-Threatening Food Allergies in
Paradise Valley Unified School District

Responsibilities of the Student with Life-threatening Allergies

The long-term goal for the student with life-threatening allergies is to be independent in the prevention, care, and management of their food allergies and reactions based on their developmental level. To this end, students with life-threatening allergies are asked to follow these guidelines.

- Avoid trading or sharing foods.
- Wash hands thoroughly before and after eating.
- Learn to recognize symptoms of an allergic reaction and notify an adult immediately if a reaction is suspected.
- Promptly inform an adult as soon as accidental exposure occurs or symptoms appear.
- Develop a relationship with the school nurse and at least one other trusted adult in the school to assist in identifying issues related to the management of the allergy in school.
- Do not eat anything with unknown ingredients or ingredients known to contain an allergen.
- Develop a habit of always reading ingredients before eating food.
- If medically necessary for the student to carry medication(s), the student will:
 - Follow the medication plan for self-administration of his/her epinephrine injector.
 - Bring to and from school and at all times carry on his/her person (e.g., belt-carrying case, backpack, or purse) an up-to-date epinephrine injector according to the physician's order. If a student chooses to keep emergency medications in a backpack or purse, the student will keep the backpack/purse with them at all times in school, during extracurricular activities, and on field trips.
 - Inform the teacher(s) and school nurse the location of the epinephrine injector they are carrying (e.g., belt-carrying case, backpack, or purse).
 - Not self-administer medication without immediately notifying the school nurse, or another responsible adult, in the absence of the school nurse.
 - Participate with school nurse in review of emergency self-administration of medication and implementation skills.
- If a Medic Alert bracelet is provided by the parent, the child is responsible for wearing the ID at all times.